



coordinated care™

Ophthalmic Immunomodulators – lifitegrast 5% ophthalmic solution (Xiidra™)

WA.PHAR.58 Ophthalmic Immunomodulators- Lifitegrast 5% Ophthalmic Solution

Effective: October 1, 2018

Medical necessity

Drug	Medical Necessity
lifitegrast 5% ophthalmic solution (Xiidra™)	Xiidra™ may be considered medically necessary when prescribed for a dry eye disease

Clinical policy:

Clinical Criteria	
Initial Authorization Criteria	<ol style="list-style-type: none"> 1. Diagnosis of moderate to severe chronic dry eye disease (DED) 2. Documentation is provided indicating an abnormal result or response to one or more of the following dry eye disease diagnostic/assessment methods: <ol style="list-style-type: none"> a. Tear break-up time (less than 10 seconds) b. Ocular surface dye staining using fluorescein, rose bengal, or lissamine green dyes c. Schirmer test (aqueous tear production of less than or equal to 10 mm of strip wetting in 5 minutes) d. Fluorescein clearance test/tear function index e. Tear osmolarity (indicating tear film instability) f. Tear lactoferrin concentrations in the lacrimal gland (decreased) 3. History of failure, contraindication or clinically significant intolerance to cyclosporine 0.05% ophthalmic emulsion (RESTASIS®) for at least 28-days 4. Greater than or equal to (\geq) 17 years of age 5. Not used concomitantly with cyclosporine 0.05% ophthalmic emulsion (RESTASIS®) 6. Dose does not exceed 2 drops per day in each eye 7. Prescribed by or in consultation with a specialist in eye care or rheumatology <p>Approve for 6 months</p>
Reauthorization Criteria	<ol style="list-style-type: none"> 1. Documentation of clinically significant improvement

	2. Continues to not use concomitantly with cyclosporine 0.05% ophthalmic emulsion (RESTASIS®) 3. Dose does not exceed 2 drops per day in each eye Approve for 6 months
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Dosage and quantity limits

Drug Name	Dose and Quantity Limits
lifitegrast 5% ophthalmic solution (XIIDRA™)	One drop in each eye twice daily; #60 single-use vials per 30-days

References

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15. Xiidra (lifitegrast) [package insert]. Lexington, MA: Shire US Inc.; July 2016.